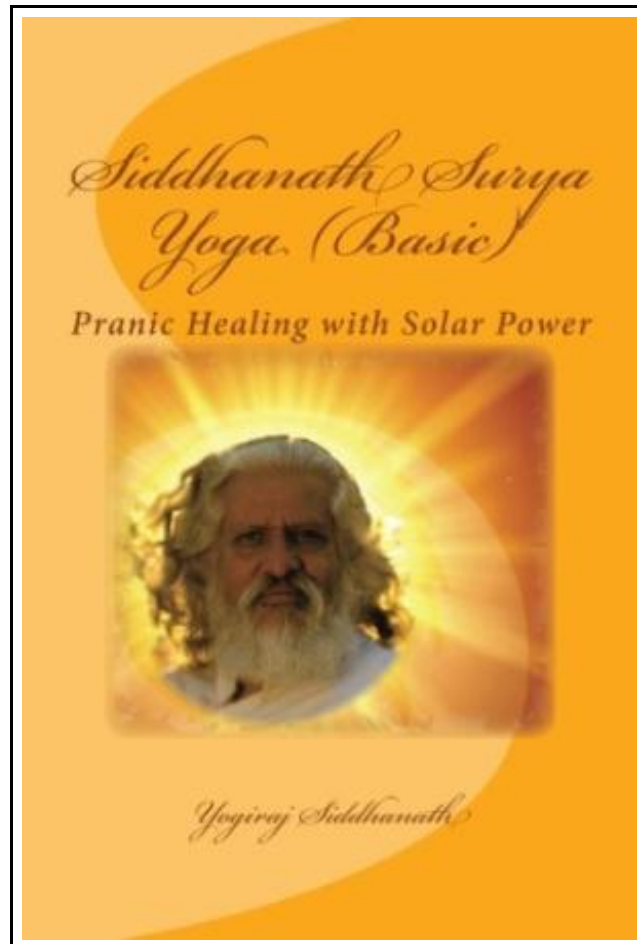


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Createspace, United States, 2013. Paperback. Book Condition: New. 216 x 148 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.All along Yogiraj Siddhanath s yogic journey, as years passed by, he practiced and moved into techniques that were most natural to him. With the grace of Babaji he developed a dynamic process of healing oneself and others. He called it Otprot-Surya meaning, osmotic solar healing and evolved the system of Surya Yoga, the science of pranic-healing with solar power. Prana is described in the Indian yogic texts and treatises as the breath of life or life force energy ; a subtle element or entity underlying the fabric of all of creation, animating sentient beings with consciousness and life. It is the vibratory power that sustains us throughout our cycles of reincarnation, imparting life to all the different bodies we incarnate in. It is our soul potential, expressed in the human being as one s individual vitality. Knowledge of this majestic undercurrent and the science of channeling its awesome power, for pranic-healing and advancement along the evolutionary path to enlightenment, is the most cherished undertaking, unlocking the inner mysteries of soul and Divinity. Prana is life and pranayama is the yogic extension or control of the living impulse animating every atom of our universe. Prana is conveyed to our planet from the light of the sun and congealed in material form. Thus, for our planetary system, the sun is the source of prana. Likewise, in the course of pranic-healing, prana may be most effectively availed of through the rays of our sun since the highest concentrations of prana are found in sunlight. Prana is the life of oxygen, however this life-force is something more subtle than oxygen. Just as photosynthesis occurs in plants, a bioluminescence occurs in our...



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