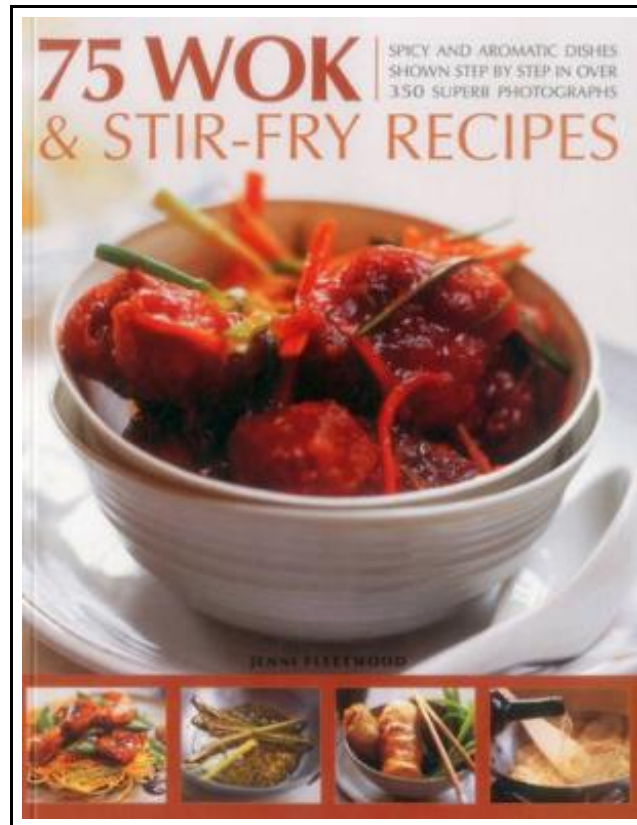


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75 WOK & STIR-FRY RECIPES: SPICY AND AROMATIC DISHES SHOWN STEP BY STEP IN OVER 350 SUPERB PHOTOGRAPHS



Anness Publishing. Mixed media product. Book Condition: new. BRAND NEW, 75 Wok & Stir-Fry Recipes: Spicy and Aromatic Dishes Shown Step by Step in Over 350 Superb Photographs, Jenni Fleetwood, This book features spicy and aromatic dishes shown step by step in over 350 superb photographs. It explores the amazing versatility of this ancient cooking vessel, with a detailed introduction covering the history of the wok and how to use it, followed by 75 fabulous dishes with a Far Eastern theme. It contains everything you need to know about cooking with a wok, including instructions on preparation, deep-frying, stir-frying, steaming and simmering techniques. It includes recipes from China and South-east Asia, including Tung Tong, Thai Spring Rolls and Chicken Rendang, together with delicious contemporary fusion dishes such as Orange and Ginger Glazed Poussins, and Langoustines with Lemon Grass Risotto. The simple wok is one of the world's oldest cooking implements, used for stir-frying, steaming and deep-frying. This book brings together a collection of over 75 wonderful dishes that are speedy and easy to make. There are recipes for every occasion, from succulent steamed dim sum and crisp-fried crab claws to quick and fresh stir-fries, slowly simmered curries, and hot and spicy parcels. Every recipe is photographed in step-by-step sequence, with an inspirational picture of the finished dish. With over 350 tempting photographs, this book celebrates all that is good about easy cooking, using one of the world's best-loved kitchen tools.



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