



Emotional Muscle

By Kerry Kelly Novick

Xlibris Corporation. Paperback. Book Condition: New. Paperback. 292 pages. Dimensions: 8.9in. x 5.9in. x 0.6in. I have gotten so much help and a sense of competence in my parenting THIS WEEK! Mother of two love that this book offers practical tips you can use right away that are also based in research and experience. Mother of two wish I had this book when I was a new mother. I am going to give it to my daughter tomorrow. Grandmother of four The authors expertise with living, breathing children comes through on every page. Diane Manning, Ph. D, former Chair of the Department of Education, Tulane University Emotional Muscle is a must read for anyone committed to understanding how values are conveyed and how the development of character can be supported. Michelle Graves, Preschool Director, High Scope teacher trainer, Community Educator The Novicks book will be a valuable resource to generations of parents, daycare workers, preschool teachers and others caring for young children. Paul Brinich, Ph. D, Clinical Professor, Depts. Of Psychology and Psychiatry, University of North Carolina at Chapel Hill This book offers parents, grandparents, teachers and all who work with children useful ways to build EMOTIONAL MUSCLE. Your child can develop emotional muscles, like trust...



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