



## Just Add Hormones: An Insider's Guide to the Transsexual Experience

By Matthew Kailey

Beacon Press. Paperback. Book Condition: new. BRAND NEW, Just Add Hormones: An Insider's Guide to the Transsexual Experience, Matthew Kailey, Matt Kailey lived as a straight woman for the first forty-two years of his life, and then he changed. With the help of a good therapist, chest surgery, and some strong doses of testosterone, Kailey began living life as the man he'd always wanted to be. In Just Add Hormones, he answers all the questions you've ever had about what it's like to live as a transsexual. "Parts of Just Add Hormones dwell, wittily, on the author's own experiences . . . other chapters offer a cheeky insider's discussion of pesky pronouns, pants-packing, bathroom blues, and on-the-job jitters. But the real worth of Just Add Hormones stems from its thoughtful analysis--at times philosophical, at times political, and at times polemical--of a life-changing decision." --Richard Labonte, Q Syndicate "A heartfelt plea for mainstream American society to understand, accept and support gender diversity . . . Kailey describes all with frankness, engaging his reader with honesty and a touch of humor." --Kirkus Reviews "This book is a natural for the gender issues shelves." --Booklist "Anyone who has ever contemplated, is just curious..."



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