



Group Leadership Skills: Interpersonal Process in Group Counseling and Therapy

By Chen, Mei-wei; Rybak, Christopher J.

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 Summary: Part One: INTRODUCTION AND OVERVIEW. 1. Theories and Assumptions. 2. On Becoming a Group Leader. Part Two: BASIC LEADERSHIP SKILLS: GETTING THE GROUP TO WORK. 3. Creating a Group from Scratch: Program Planning and Member Preparation. 4. Leading the First Session. 5. Facilitating, Opening, and Closing: The Foundation of Group Skills. 6. Working on the Agendas: The Basic Framework of a Group Session. 7. Working with Tension and Conflict. Part Three: ADVANCED LEADERSHIP SKILLS: GETTING THE GROUP TO UNCHARTED WATER. 8. Taking More Risks in Communication: Toward Greater Group Closeness. 9. The Hot-Seat Method: The Knee-Jerk Experience. 10. The Method of Stirring-the-Pot: Stimulating Group Affect. 11. The Skills of Termination: Completing the Circle. Part Four: OTHER CONSIDERATIONS. 12. Reflective Writing: Adding Therapeutic Means. 13. Professionalism: Professional Standards and Best Practice. 14. Further Development of the Group Leader. Appendix A: Sample of a Group Proposal: Personal-Growth Group for Adolescents in Sudden Transition. Appendix B: Orientation Handouts. References. Index.



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